

Art show is on display at the Nutley Free Public Library

Express Yourself: the Traveling Art Show on view at the Nutley Free Public Library July 3 through July 31 is an exhibit featuring artwork created by children and young adults with chronic and life-threatening illnesses. Express Yourself is a series of healing exhibitions created by ArtWorks, the Naomi Cohain Founda-

tion, that recognize the creative arts therapies as an integral component of the recovery process. Dozens of hospitals and healthcare agencies in the New York Metropolitan area depend on ArtWorks to provide their patients with the tools and motivation to awaken the creative spirit that enhances their lives and their

time spent in the hospital. ArtWorks realizes the need of these children and their siblings to express their innermost thoughts and feelings, create an escape from

the reality of their current situation, and allow others to enter their hearts and minds. These exhibits create a supportive environment where children are

honored for their courage and celebrated for sharing their life experiences.

For more information about ArtWorks and its programs, call 201-608-0146.